



# MARISA GOUDY

## THE SOVEREIGNTY KNOT

### Bio

Marisa is an author, scholar, writing coach, and energy healer who teaches women how to embody and tell their own Sovereign stories.

When she was an American student studying in Ireland, Marisa discovered the myth and magic of the Sovereignty Goddess. Now, she combines her passion for Celtic myth and Irish folklore with her feminist vision of creating an equitable world that is more beautiful, bearable, and bold.

Founder of the online community the Sovereignty Writers Circle and creator of the #7MagicWords Project and teacher of the Sovereign Storytelling method, Marisa lives in upstate New York with her husband and daughters.

Marisa helps women and woman-identified people:

- Bring more creativity, wonder, and magic into their lives, particularly through writing
- Nurture their independence and individuality - even in the middle of parenthood and partnership
- Free themselves of the restrictive perceptions of time and aging

### Suggested Interview Questions

- Why is "Sovereignty," a term we often associate with politics, something that's important to individuals, particularly women who are interested in the spiritual path and a progressive worldview?
- You describe a new way to understand aging and the roles we play in life. Tell us more about the archetypes of Sovereignty and this idea of Sovereign Time.
- Your book includes writing prompts at the conclusion of each chapter. Why is storytelling so important to women's Sovereignty?

### Full Book Title

*The Sovereignty Knot: A Woman's Way to Freedom, Power, Love, and Magic*

### Audience

Women and women-identified folks who are interested in writing, feminism, the power of myth, goddess spirituality, creative magic, and the Celtic world.

Transformation professionals & creative entrepreneurs interested in the power of storytelling.

### Speaking Topics

- Free the princess. Crown the Queen. Embrace the Wise Woman: How the archetypes of Sovereignty can help you embrace your power and potential
- How being Sovereign actually helps you create deeper connections with your loved ones, your community, and the world that needs your awakened engagement.
- Why uncovering and telling your Sovereign Story is so important for transformation professionals & creative entrepreneurs.

### Contact Details

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